

COVID-19 What it means to Groups in Isle of Man, Jersey And Guernsey



Advice for all parts of the UK

The guidance from different governments is getting increasingly complex with local lockdowns and restrictions coming into force as well as changes to the numbers of people who can gather. It is every group's responsibility to keep up with changes to any restrictions that affect their group and ensure they are adhering to them. This may mean a change to your protocols and risk assessment at short notice. Please consider this when developing your plans and inviting participants and volunteers to sessions.

Social distancing remains a key message for everyone not from the same household and is the most effective way to protect everyone. Hand hygiene also remains a critical defence from contamination.

Trustee checklists should be completed and emailed to RDA National Office Groupsupport@rda.org.uk before the group can be signed off as ready and any RDA activity can begin.

Isle of Man - Stay Safe

There is currently no community transmission of COVID-19 in the Isle of Man, therefore face coverings are not required/recommended for the general population except when mandated under a Direction Notice, travelling to/from the Island and within the ports.

In the Isle of Man, social distancing is not currently a requirement, however remaining mindful of your surroundings and continuing to make space has a powerful impact when it comes to containing the spread.

All RDA sessions can take place as there is not a requirement for social distancing. This includes riding, driving and vaulting. **RDA recommends that sanitising and/or hot handwashing continues so that it can protect people from not just COVID-19 but other transmissible viruses too.**

The government however are encouraging people to take personal responsibility to:

- **Being SAFE – and adopting healthy habits to protect yourself and others from Coronavirus. Think Hands, Face, Space and Fresh air in every situation.**
- **Being SMART – and making informed personal decisions. Use trusted data sources to make choices about who you visit, what you do and where you go.**
- **Being KIND – and respecting others. Everyone's situation is unique. Be kind and respect the choices that others make to keep themselves and their loved ones safe.**

Guernsey – Final Stage of Lockdown

As of 1st July 2021, the Bailiwick of Guernsey moves into a final stage of its Exit from Lockdown.

As we reduce and then eventually remove our border restrictions, there needs to be an acceptance that the Bailiwick will see cases of COVID-19 infection as the virus becomes endemic rather than pandemic.

The future will look different. Businesses and their workforces will need to continue adapting as they have throughout the pandemic as we settle into our new normal.

As a community we will need to maintain the positive changes we have all got used to as a result of COVID-19 as we move into our post-pandemic work lives. For example, respiratory and hand hygiene and the 'stay at home' message if you or a member of your workforce is unwell, needs to become the norm.

Basic hygiene and respiratory etiquette will reduce the transmission of ALL viruses, not just COVID-19. RDA therefore recommend that sanitising and/or hot handwashing continues so that it can protect people from not just COVID-19 but other transmissible viruses too.

As a community, we need to continue to work together to ensure we stay safe.

All RDA sessions can take place as there is not a requirement for social distancing. We would recommend however due to the vulnerability of some of our participants and volunteers that groups are aware of the [protocols for carriage driving](#) and [vaulting](#) these are followed for any vulnerable drivers, coaches and volunteers (including volunteers sitting side by side to exercise equines) to reduce risk as well as the [disability dispensation](#) if vulnerable individuals need close contact to support them in sessions.

Jersey – Reconnection Roadmap

In light of increased cases of COVID-19 and increased numbers of direct contacts, Ministers have delayed Stage 7 of Jersey's Reconnection Roadmap and announced new guidance for all islanders on isolation, direct contacts and how to protect the community.

From Wednesday 21 July all Islanders over the age of 12 are required to [wear a mask when in indoor public settings](#). This does not apply to RDA sessions outdoors. Wearing a mask provides protection to you and others, especially when physical distancing is difficult and infection rates are increasing. If a face covering is worn, our policy on [face coverings](#) should be followed.

In addition, gatherings must not exceed more than 20 people in private homes and gardens or outdoor spaces. It is therefore recommended that RDA sessions should not exceed this limit from this date.

All **types of** RDA sessions can take place as there is not a requirement for social distancing. We would recommend however due to the vulnerability of some of our participants and volunteers that groups are aware of the [protocols for carriage driving](#) and [vaulting](#) these are followed for any vulnerable drivers, coaches and volunteers (including volunteers sitting side by side to exercise equines) to reduce risk as well as the [disability dispensation](#) if vulnerable individuals need close contact to support them in sessions.

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