**RDA UK Update for groups in Scotland**

**Information regarding the use of indoor arenas in Scotland**

Following successful lobbying by BHS in Scotland, The Scottish government now recognises indoor riding arenas as ‘outside’. This means that, from Monday 29 June, RDA groups in Scotland will be able to use indoor arenas.

All other guidance remains the same, i.e.

People from three different households can meet outdoors, up to a max of eight people. You should stay within your local area for exercise and other activities – as a guide this is about 5 miles from your home. A coach should not deliver sessions to more than two other households in one day, but can be at different times in the day. All activity must be outdoors (including covered/indoor equestrian arenas).

This will allow for the following possible scenarios for RDA in Scotland:

1. Coach and up to 2 independent rider sessions
2. Coach and one rider with up to six members from the rider’s household who can help, including with close contact e.g. mounting and side walking
3. Coach with several riders from the same household, and helpers from the same household – max group of eight including coach
4. Coach with helpers from their own household and one rider who can be kept socially distanced

Whilst groups can now have up to eight people at sessions, please make sure only those who are needed for the session attend to reduce the risk of contamination.

Hopefully this is some welcome news. Have a good weekend.