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| --- | --- | --- | --- | --- | --- |
| **Date**: | | **Participant(s):** | **Equine(s):** | **Equipment/resources:** | |
| **Session Goal/s:** | | | | | |
| **Time** | **Task/exercise** | | | | **Coaching points/focus/styles** |
|  | **Warm Up:** | | | |  |
|  | **Main content:** | | | |  |
|  | **Cool-down:** | | | |  |
| **Evaluation of session and action for next session:** | | | | | |