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| --- | --- | --- | --- |
| **Date**:  | **Participant(s):**  | **Equine(s):**  | **Equipment/resources:**  |
| **Session Goal/s:** |
| **Time** | **Task/exercise** | **Coaching points/focus/styles** |
|   | **Warm Up:** |  |
|  | **Main content:**  |  |
|  | **Cool-down:**  |  |
| **Evaluation of session and action for next session:**  |