

## ENDEAVOUR & SCHOOLS

Schools recognise and appreciate the award - adding extra value to RDA sessions!

Offering extra opportunities for participants to achieve and be rewarded, such as with the Endeavour Award helps to demonstrate to OFSTED that the sessions are high value, as pupils are not only riding, vaulting or carriage driving, but are also meeting targets, developing and progressing physically, socially and in an educational capacity. The sessions are therefore important to support what the school is working to achieve and this can help to justify requests for ongoing funding and grants—which in turn means RDA groups are more likely to be able to retain riders and develop longer-term, fulfilling relationships



## FREE RESOURCES!



**Iron-on patches, enamel badges and certificates are all available  
FREE to RDA groups!**

Order your free resources (up to a maximum of 20 certificates and up to 20 of any combination of fabric or metal badges at any one time) from RDA National Office.

Please use the standard Group Order Form, downloadable from the RDA website:

[www.rda.org.uk/runningyourgroup/group-orders/](http://www.rda.org.uk/runningyourgroup/group-orders/)

Alternatively, please feel free to place your order over the phone:

01926 492915 or 0845 658 1082



Recognise and Reward EVERY Achievement!

# NEW ENDEAVOUR AWARD



# What is Endeavour?

The **all-new RDA Endeavour Award** has been designed to enable groups to recognise and reward individual achievements by riders, vaulters and carriage drivers; regardless of ability or time spent in sessions and without the constraints of any set syllabus, or the need to take any kind of test.

## Building confidence and self esteem

The idea is for groups to work with participants in setting mini 'goals' to work towards, in order to achieve the Endeavour certificate and badges, which have been carefully designed to be as colourful and appealing as possible.

## RDA is now proud to be able to offer a choice of an attractive embroidered, iron-on fabric patch or one of two differently-toned pin badges.

It's important for participants to be involved in choosing and setting a 'challenge' and also to make everyone involved aware of what they are working towards, as this can really help with **confidence** and **self esteem** and it makes the actual achievement of the final award (and understanding how the goal has been reached) so much more of a positive, uplifting experience.

# How do I make the Award?

These goals can be **anything** that shows progression, development, or the achievement of something special, over a period of time.

The focus should be on keeping goals clear and simple, to make sure that everyone understands what is expected and what needs to be done.

It's ideal for participants for whom traditional proficiency tests or ASDAN projects aren't suitable, for example.

There are no limitations! More than one award can be given and you can set the goal, the pace and the timescale directly with participants. It can be a short-term goal, to be awarded after a couple of weeks, or perhaps something to work steadily towards over a school term.

**Why not download the free, optional 'MY ENDEAVOUR PROMISE SHEET' from the Endeavour page on the RDA website, to start planning how you will make the awards in your group?**

**Participants can complete the sheets alone or with help and they can be a fun and helpful reminder of what is being worked towards (and they are another special thing to keep!)**



**RDA is extremely grateful to the Worshipful Company of Loriners for their generous sponsorship of the new RDA Endeavour Award**

# Making Choices

**There is no right or wrong way to make the award!**

Why not ask family, carers or teachers for help and ideas? Be as creative as you like! Here are some suggestions:

### Social Skills and Awareness:

Being a good friend to others in the group, making others smile each week, learning to wait politely for your own turn, showing that you can listen to instructions, showing that you can keep quiet and calm in sessions.

### Horse Care & Stable Management:

Recognising and being able to name the group's horses, being able to help to muck out, helping to choose the right tool for the job, learning to identify different types of bedding, helping to put the tack away nicely after each session.

### Riders:

Showing improvement in concentration, greeting and acknowledging the session helpers each week, overcoming any fear or nervousness around horses, showing you can always dress correctly and safely for your riding sessions, being able to mount without hesitation, thanking the horse nicely after each session, showing improvement in sitting in balance each week, moving on from walk to trot, riding confidently off the lead rein, following a course of poles on the ground unaided.

### Carriage Drivers:

Showing good concentration in the carriage, greeting the horse and helpers in a kind manner, giving verbal commands to the horse, learning some parts of the harness.

### Vaulters:

Showing improved confidence on the barrel, working well as part of a team, being able to wait patiently for your turn, learning some new moves you've found hard before.