

RDA COACH QUALIFICATIONS PATHWAY



ASSESSMENT

- 1 Coaching Session
- 1 Coach the Coach Session
- 1 Equine Assessment (lunging or ridden)

MODULES

Practical

- 1 Coaching
- 2 Horse and Rider Biomechanics
- 3 Coach the Coach



ASSESSMENT

- 1 RDA Group Session and/or
- 1 RDA Individual Session
- 1 Equine Assessment

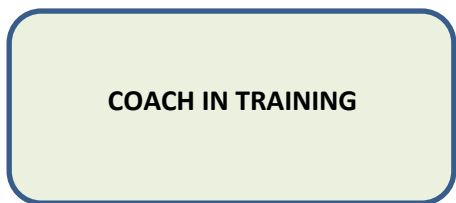
MODULES

Theory

- 1 Pre-Assessment Checklist
- 2 Safeguarding

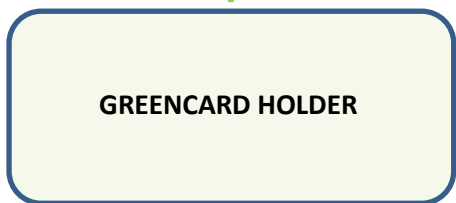
Practical

- 1 Coaching
- 2 Horsecare & Knowledge
- 3 Therapy / Medical



Pre-coach Training Session:

Receive "Coaching Passport"



MODULES

Theory

- Disability Awareness
- Equine Knowledge

Practical

- Mounting / Dismounting
- Preparing and Assisting RDA Sessions