**Horse Care and Knowledge Module Coach Certificate Level**

A coach coming forward to complete this module should be expected by the end to manage a small group of RDA Horses.

The training may be broken down into one theory session and one practical session at different times.

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| Time  | Learning Outcome | Content | Resource |
| 30 Minutes | The coach has the ability to groom and handle the equine and check for general health  | Coach to go into the stable catch the equine, tie up, knows the items of the grooming kit and can groom including picking out feet and check for general health  | Practical Session: Stable, equine(s), Headcollar, Leadrope, Grooming Kit.  |
| The coach has the ability to tack up and has knowledge of different types of tack and RDA special equipment | The coach knows how to tack up the equine and talk through how it fits and what you to check. The coach can also fit RDA special equipment.  | Practical Session: Equine, saddle, bridle, basic special equipment, if possible extra pieces of tack including bits, nosebands etc.  |
| 30 Minutes  | The coach knows and understands the importance of feeding and dentistry | As a group go through the simply feeding types and feeding rules. As a group discuss the awareness of how important dentistry is and why equines must be seen by an equine dentist  | Theory: Selection of simple feed samples and labels. Go through why you would feed and how much.  |
| 45 Minutes  | The coach is confident to travel and deal with the equine outside of its home environment. | As a group discuss what you would do to prepare the equine to travel.Legal requirements for travelling a horse.As a group discuss how to load and unload an equine and what to look out for in an equine when away from its usual environment. | Theory & Practical: Prepare an equine to travel (link to handling the equine and maybe give coaches a scenario)Theory: Look at videos of loading and unloading and discussHandout or link to website on legal requirements Quiz (spot the difference) on what to look out for in an equine away from its usual environment.  |
| 60 Minutes (30 minutes on conformation & 30 minutes on condition scoring) You could split the group into two and swap over. | The coach knows and understands what to look for in the conformation of the equine and can assess an equine to suit different riders  | As a group look at different equines and talk through each one looking at its main conformation points. | Practical: Group of 4 equines of different breed and type. Use conformation resource to aid where appropriate.  |
| The coach knows and understands how to carry out equine condition scoring.  | As a group go through condition scoring of the equine | Practical: 4 different types of equines to condition score |
| 15 Minutes  | The coach has the ability to know the level of fitness required for the equine and know different schooling methods | As a group discuss different types of fitness work for equines, outside of RDA sessions.  | Theory: Example fitness plans and different scenarios for the group to work through including getting fit for different disciplines |
| 60 Minutes  | The coach can treat basic injuries, ailments and knows when to call the vet.Including checking the equines temperature, pulse and respiration.  | As a group recognise when to treat injuries and sickness of the equine, when to call the vet and be able to treat basic first aid.Know the most common ailments (laminitis, colic, mud fever, stable mites) | Theory: Go through what should be in a first aid kit. Picture board on different wounds and how you would treat them.Group work on the most common ailments and describe what to look out for.  |
| 30 minutes  | The coach knows and understands how to look after an equine that is at grass or stable kept. | **Knowledge of the grass kept equine**: Types of grass, fencing, water, weed control, poo picking, and worm control. Number of equines to land ratio. Maintaining the land.**Stable kept equine**:Types of stables, lighting, bedding, forage, feeding, work routine. | Theory: Group Work through Pictures on a daily routine of what to look out for looking after a grass kept equine and stable kept equine |
| 15 Minutes  | The coach knows different rugs; why we use different rugs and knows how to fit them | Group discussion on knowing different rugs and why we rug | Practical or theory session: If this can be done in a practical session using rugs that you will have available or if possible the trainer bring along the following rugs: Either use the quiz or if facilities allow have different rugs available (New Zealand, Stable, Fleece, Flysheet, Thermatex, Summer Sheet and Exercise sheet) |