

Horse Care and Knowledge Module Coach Certificate Level

A coach coming forward to complete this module should be expected by the end to manage a small group of RDA Horses. The training may be broken down into one theory session and one practical session at different times.

Time	Learning Outcome	Content	Resource
30 Minutes	The coach has the ability to groom and handle the equine and check for general health	Coach to go into the stable catch the equine, tie up, knows the items of the grooming kit and can groom including picking out feet and check for general health	Practical Session: Stable, equine(s), Headcollar, Leadrope, Grooming Kit.
	The coach has the ability to tack up and has knowledge of different types of tack and RDA special equipment	The coach knows how to tack up the equine and talk through how it fits and what you to check. The coach can also fit RDA special equipment.	Practical Session: Equine, saddle, bridle, basic special equipment, if possible extra pieces of tack including bits, nosebands etc.
30 Minutes	The coach knows and understands the importance of feeding and dentistry	As a group go through the simply feeding types and feeding rules. As a group discuss the awareness of how important dentistry is and why equines must be seen by an equine dentist	Theory: Selection of simple feed samples and labels. Go through why you would feed and how much.
45 Minutes	The coach is confident to travel and deal with the equine outside of its home environment.	As a group discuss what you would do to prepare the equine to travel. Legal requirements for travelling a horse As a group discuss how to load and unload an equine and what to look out for in an equine	Theory & Practical: Prepare an equine to travel (link to handling the equine and maybe give coaches a scenario) Theory: Look at videos of loading and unloading and discuss Handout or link to website on legal requirements Quiz (spot the difference) on what to look out for in an equine away from it usual environment.

		when away from its usual environment	
60 Minutes (30 minutes on conformation & 30 minutes on condition scoring) You could split the group into two swap over.	The coach knows and understands what to look for in the conformation of the equine and can assess an equine to suit different riders	As a group look at different equines and talk through each one looking at its main conformation points.	Practical: Group of 4 equines of different breed and type. Use conformation resource to aid where possible.
	The coach knows and understands how to carry out equine condition scoring.	As a group go through condition scoring of the equine	Practical: 4 different types of equines to condition score
15 Minutes	The coach has the ability to know the level of fitness required for the equine and know different schooling methods	As a group discuss different types of fitness work for equines outside of RDA sessions.	Theory: Example fitness plans and different scenarios for the group to work through including getting fit for different disciplines
60 Minutes	The coach can treat basic injuries, ailments and knows when to call the vet. Including checking the equines temperature, pulses and respiration.	As a group recognise when to treat injuries and sickness of the equine, when to call the vet and be able to treat basic first aid. Know the most common ailments (laminitis, colic, mud fever, stable mits)	Theory: Go through what should be in a first aid kit. Picture board on different wounds and how you would treat them. Group work on the most common ailments and describe what to look out for.
30 minutes	The coach knows and understands how to look after an equine that is at Grass or Stabled kept and the mix regime.	Knowledge of the grass kept equine: Types of grass, fencing, water, weed control, poo picking, and worm control. Number of equines to land ratio. Maintaining the land. Stable kept equine:	Theory: Group Work through Pictures on a daily routine of what to look out for looking after a grass kept equine and stable kept equine

		Types of stables, lighting, bedding, forage, feeding, work routine	
15 Minutes	The coach knows different rugs why we use different rugs and can ensure a good fit.	Group discussion on knowing different rugs and why we rug	Practical or theory session: If this can be done in a practical session using rugs that you will have available or if possible the trainer bring along the following rugs: Either use the quiz or if facilities allow have different rugs available (New Zealand, Stable, Fleece, Flysheet, Thermatex, Summer Sheet and Exercise sheet)