**Therapy & Medical Module at Coach Certificate Level**

By the end of this module as a volunteer you will have an understanding of the pre –riding assessment, contraindications and Precautions, when to stop a rider riding and different uses of special equipment.

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| **Learning Outcome** | **Content** | **Resource** |
| The Coach has a clear understanding of how to carry out a new application assessment for RDA activities | Theory Session: (2hr)  Explain and go through how to complete the rider assessment form and the importance of completing an assessment form before a rider starts to ride.  Then give out some scenarios of disabilities and ask coaches to have a go at completing the rider assessment form.  Have a group discussion on the most common medical conditions.  Examples of when you might have to stop a rider from riding.  Introduce and explain the Alternative Hat Assessment form. Including the reasons and protocol for the alternative hat assessment form. Show pictures of alternative types of hats and give examples on when you might us them. | Use PowerPoint Presentation  New rider Assessment Form  Common Disabilities Resource |
| The Coach knows and understands the contra-indications & precautions |
| The Coach knows and understands when to stop a rider from riding |
| The Coach has a clear understanding when to use the Alternative Hat Assessment Form | Use PowerPoint Presentation  Pictures of alternative hats.  Example alternative hat assessment forms |
| The Coach has a clear understanding on how to guide volunteers to support riders | Theory Session: (30 mins)Group Discussion showing different video footage of different types of holds | Use PowerPoint Presentation |
| **BREAK** | | |
| The Coach knows and understands equine behaviour and what to look for when matching equines and riders | Practical Session: (1hr) Two or three different types of equines. Look at each equine walk and trot up and stand square and discuss how the different conformation of each equine affects different disabilities.  Talk through the following body languages:  Sneezing/snorting - startle reflex, shying may affect balance and posture.  Rein snatching - loss of balance and posture.  Head and neck not straight - off balance rider  Change in equine – could upset your rider depending on disability and whether they can accept change. It something that I don’t think can be avoided at times it is just something about to think about how you might deal with it. | Three equines without tack on. If needed equine could have bridles on. |
| The Coach has a clear understanding of different types of Special Equipment and Tack | Theory Session: (30mins)  Coaches to take part in a quiz: Pictures of special equipment and tack and join the names together with the Pictures.  Go through the answers | Quiz Special Equipment. |